

Strength in the Tough Times

Psalm 30

Dr. Terry Carter

What should you know to deal with
life's hardest times?

- I. In our strength, we may discover our weakness.
- II. In our weakness, we realize our dependence on God.
- II. In our dependency on God, God is glorified.
- IV. In God's glorification, we find our greatest strength and joy!

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SUGGESTED DISCUSSION POINTS FROM AUGUST 12, 2018 SERMON

1. Life can change in an instant to extreme difficulty. Why is it important that we know God's truth to deal with life's problems?
2. Where do you see in Psalm 30 how David was expressing arrogance and feeling strong, secure and that all was well and could not change? Did that stop the bad from coming? Why is that a dangerous attitude for us to have?
3. What was David's response when his world fell apart? How do verses 1-2 and 8-10 show dependency on God? Why is that so critical when we face difficulty?
4. What does v. 7 say about God's ability to help us in our struggle?
5. When David turned to God what was the result? Vv. 3, 5, 11-12.
6. What should our response to God be when he has rescued us and given us hope? Vv. 4, 11-12. Are we faithful to praise and worship God when he acts in our life struggles? Give examples of that response from your own life.
7. God is glorified when we give him credit for his mighty work. How does that result in our joy and gladness.? Vv. 5, 11
8. Clearly David was grateful for God's work in his situation. How did he express that gratitude? How do we?
9. How would this Psalm help someone you know who is going through a tough time? How has it helped you?